

# Champion Schools Program Report (2019)

Building healthy places for children to learn and grow in Allegheny County





THE HEINZ ENDOWMENTS HOWARD HEINZ ENDOWMENT · VIRA I. HEINZ ENDOWMENT

# **About the Champion Schools Program**

Let's Move Pittsburgh, a collaborative program of Phipps Conservatory and Botanical Gardens, provides southwestern Pennsylvania's children and their caregivers with the knowledge, tools and support needed to make nutritious food choices and lead active lifestyles.

We want to help every early learning center, pre-kindergarten and elementary school in Allegheny County become the healthiest place for kids to learn and grow. The Champion Schools program is an opportunity to celebrate schools that encourage healthy lifestyles by awarding them up to \$1,000 in grant funds to support new or existing programs geared towards children's health and wellness. Eligible projects for the Champion Schools program focus on at least one of the following areas:



# Bag the Junk

Applicants are challenged to increase healthy food and nutrition education in schools through programs such as an initiative to remove junk food from the school setting, a nutrition education program, lunchroom makeovers, healthy breakfast or healthy snack time.

# Get Kids Moving

Applicants are challenged to increase physical activity in and out of schools through programs such as an afterschool exercise club, structured recess games, classroom activity breaks, family fitness nights, innovative physical education units or kinesthetic classrooms.

# Teach Kids to Grow and Cook Food

Applicants are challenged to increase knowledge of how to grow and prepare healthy food among youth through programs such as a school vegetable garden, tower or wall gardens, healthy cooking lessons with a local chef, or other farm-to-school activities.



# Sustainable Citizenship

Applicants are challenged to design programs which empower students to make a positive impact on their community and the environment. Examples include a school recycling or composting program, contributing produce from school gardens to local community centers, an afterschool environment club or a pollinator garden.

Let's Move Pittsburgh launched the Champion Schools program in 2014 with the goal of supporting schools to build healthy environments for their students. In addition to funding for program supplies, Champion Schools Awards recipients receive toolkits with fact sheets, best practices, lesson plans and tips to promote healthier classrooms and lunchrooms. Professional development and networking opportunities are also provided for parents/caregivers, educators, food service staff and administrators. "Meet Ups," which are hosted at Champion Schools sites, allow participants to see other school programs in action.



Meet Up at Riverview Children's Center

Champion Schools are selected for funding based on project need, sustainability and potential impact on student health. For the review process, a panel of reviewers scores each application on a scale of 1 to 20 in these categories, as well as an overall impression score. In order to quantify potential project impact, applicants are required to establish three to five learning objectives for their project and indicate how the learning objectives will be evaluated. Selected schools are required to (a) participate in 6-month and 12-month evaluations of project objectives and (b) support the project during the grant year with a "healthy fundraiser." Fundraisers are a great way to support health and wellness programs and make them sustainable for future school years. Let's Move Pittsburgh challenges schools to use alternative fundraiser methods like healthy concession stands, walk-a-thons and craft fairs that promote healthy lifestyles.

Let's Move Pittsburgh strives to give recognition to Champion Schools through press releases and social media for their persistent efforts to integrate healthy lifestyles into the school setting. Champion Schools are invited to write a guest blog post on the Phipps blog that is also shared in our monthly Let's Move Pittsburgh e-newsletter. In 2019, Champion Schools were also invited to showcase their work at the Let's Move Pittsburgh biennial Symposium. At the symposium, Champion Schools were given the opportunity to share their work with parents, caregivers, health professionals and community providers through an interactive poster session. In addition, all schools receive a Champion School sticker to display in their school.



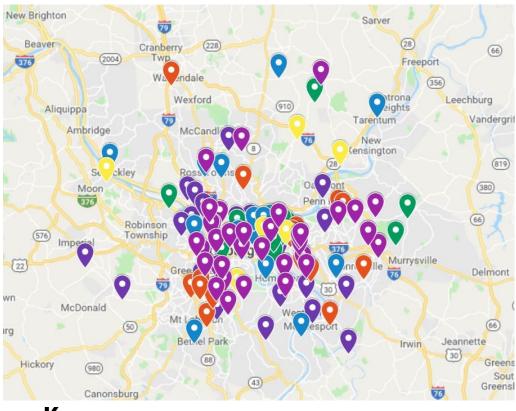
2019 Champion Schools Announcement on website.

# Champion Schools (2014 – 2019) Summary of Impact and Reach by Year

	2014	2015	2016	2017	2018	2019	Total
Program Sponsor	Giant Eagle	The Heinz Endowment s	The Heinz Endowments	The Heinz Endowments	The Heinz Endowments	The Heinz Endowments	
Children Reached by Program	9,564*	8,554	7,521	8,026	8,792	8,909	51,366
Grants Awarded	21	41	40	40	40	40	222
Projects with Bag the Junk Theme	5	8	8	6	6	8	41
Projects with Get Kids Moving Theme	14	22	22	19	19	26	103
Projects with Teach Kids to Grow and Cook Food Theme	10	24	23	22	21	20	120
Projects with Sustainable Citizenship Theme	N/A	N/A	N/A	N/A	6	8	14
School Gardens Supported	7	16	18	18	17	20	94
Play-Area Improvements	2	6	10	8	4	8	38
After/Before School Clubs Supported	13	23	7	13	4	I	61
Total Funds Awarded	\$20,060	\$40,000	\$40,000	\$40,000	\$40,000	\$40,000	\$220,060

\* Please note that the 2014 metric is the total number of students enrolled in awarded schools. The 2015, 2016, 2017, 2018 and 2019 metrics are the number of students within awarded schools who are direct participants in Champion Schools grant projects.

# Champion Schools Grant Recipients (2014 – 2019)



Key:

Q	2019 Champion School
Q	2018 Champion School
0	2017 Champion School
0	2016 Champion School
•	2015 Champion School
0	2014 Champion School

# Champion Schools Grant Recipients (2014 – 2019)

#### **Allegheny Intermediate Unit**

Mon Valley School (2015, 2016, 2017, 2018) Sunrise School (2017)

#### **Allegheny Valley School District**

Springdale Jr./Sr. High School (2014)

#### **Bethel Park School District**

Abraham Lincoln Elementary School (2018) Memorial School (2015)

#### Brentwood Borough Public School District

Elroy Elementary School (2019)

#### **Deer Lakes School District**

Curtisville Primary Center (2015, 2016, 2017, 2018, 2019) East Union Intermediate Center (2016, 2017)

#### **Diocese of Pittsburgh**

St. Bernard School (2016) St. Sebastian School (2015)

#### **Elizabeth Forward School District**

Greenock Elementary School (2015, 2016, 2018)

#### Fox Chapel Area School District

Hartwood Elementary School (2014)

#### **Gateway School District**

Dr. Cleveland Steward Jr. Elementary School (2015, 2016, 2018, 2019) Evergreen Elementary School (2018, 2019)

### Hampton Township School District

Wyland Elementary (2019)

#### **Highlands School District**

Grandview Upper Elementary School (2015)

#### **Keystone Oaks School District**

Dormont Elementary School (2018) Fred L. Aiken Elementary School (2014, 2015, 2017, 2018, 2019) Myrtle Avenue Elementary School (2015, 2016)

#### **McKeesport School District**

Pre-K Counts Founder Hall (2015, 2016)

#### Moon Area School District

Hyde Elementary School (2014)

#### Mount Lebanon School District

Jefferson Elementary School (2016) Mt. Lebanon Montessori (2016) Washington Elementary School (2016)

#### North Allegheny School District

Marshall Elementary School (2016)

### Northgate School District

Avalon Elementary School (2017, 2018) Bellevue Elementary School (2017, 2018)

#### **Penn Hills School District**

Penn Hills Elementary School/Linton Middle School (2015, 2016)

#### **Pine Richland School District**

Eden Hall Upper Elementary School (2015) Pine Richland Middle School (2014)

#### **Pittsburgh Public School District**

Chartiers Early Learning Center (2018) Obama/Peabody Early Childhood Center (2018)Pittsburgh Allegheny K-5 (2019) Pittsburgh Arsenal Elementary School (2018, 2019)Pittsburgh Banksville (2014, 2015, 2016, 2017, 2019) Pittsburgh Carmalt K-8 (2019) Pittsburgh Concord K – 5 (2014) Pittsburgh Conroy (2017) Pittsburgh Dilworth (2015, 2017, 2019) Pittsburgh Faison K – 5 (2014, 2015, 2017, 2018) Pittsburgh Greenfield K- 8 (2019) Pittsburgh Langley K - 5 (2015) Pittsburgh Liberty K – 5 (2015, 2017) Pittsburgh Linden K – 5 (2016, 2017) Pittsburgh Manchester Elementary (2019) Pittsburgh Miller African Centered Academy (2014, 2015) Pittsburgh Mifflin (2018) Pittsburgh Minadeo Pre-K - 5 (2015, 2016, 2017) Pittsburgh Montessori Pre-K – 5 (2015, 2016, 2018) Pittsburgh Morrow (2018, 2019) Pittsburgh Phillips (2018) Pittsburgh Weil Elementary School (2019)

Pittsburgh Westwood K-8 (2019) Pittsburgh West Liberty K – 5 (2015, 2016) Pittsburgh Whittier (2018, 2019) Pittsburgh Woolslair Pre-K – 5 (2015) Spring Garden Early Childhood Center (2018) Sterrett Classical Academy (2014)

#### **Plum Borough School District**

Center Elementary School (2018, 2019) Regency Park Elementary School (2017)

#### **Propel Schools**

Propel Hazelwood (2015) Propel Pitcairn (2016)

#### Shaler Area School District

Shaler Area High School (2015, 2016)

#### South Allegheny School District

South Allegheny Elementary School (2015)

#### South Fayette School District

South Fayette Elementary School (2015, 2016, 2017, 2018)

#### **Steel Valley School District**

Barrett Elementary (2014, 2015, 2016, 2019)

#### **Sto-Rox School District**

Sto-Rox Upper Elementary School (2016, 2017)

#### Wilkinsburg School District

Turner Intermediate School (2019)

#### West Allegheny School District

Donaldson Elementary School (2016, 2018)

#### West Mifflin Area School Dist.

West Mifflin Area Middle School (2018)

#### Woodland Hills School District

Edgewood Primary (2018, 2019) Rankin Promise Program (2014, 2016) Wilkins Elementary (2019) Woodland Hills Academy (2015) Woodland Hills Intermediate School (2017)

#### **Child Care Centers**

Angel's Place – Northside and Swissvale (2016, 2017, 2018, 2019) Beth Shalom Early Learning Center (2016, 2017)Brightside Academy – East Liberty (2018) Brightside Academy – McKeesport (2017, 2018) Brightside Academy – McKees Rock (2018) Children's Community on Chadwick Street (2015)Cynthia Franck's Childcare- Forest Hills and Penn Hills (2019) Earthen Vessels Outreach (2016, 2017) Elizabeth Seton Center (2019) Growing Patch Learning Center (2019) Heritage Out of School Time (2016) Hiland Child Care Center (2015) Homewood-Brushton Child Development and Education Center (2017) Hugs Away from Home (2016) La Escuelita Arcoiris (2017) Mt. Washington Children's Center (2016, 2017) PLEA (2014, 2015, 2017, 2018, 2019) Providence Connections (2015, 2017, 2018, 2019)

Righteous Beginnings Learning Center (2016) Riverview Children's Center (2017, 2018) Shady Lane School (2015, 2016) Southminster Child Care Center (2016, 2017) Thomas Child Care (2017, 2018) University Child Care Center (2016) Wright Childcare Solutions (2017)

#### **Private and Charter Schools**

Community Day School (2016, 2017, 2018) Environmental Charter School (2014, 2015, 2016, 2018) Falk Laboratory School (2014, 2015) Glenn Montessori School (2017, 2018, 2019) Hillcrest Christian Academy (2016) Kentucky Avenue School (2014, 2015, 2017) Manchester Academic Charter School (2014, 2015, 2017) Penn Hills Charter School of Entrepreneurship (2019) Provident Charter School (2017) Shadyside Academy Junior School (2016) St. Edmund's Academy (2015, 2017) Temple Ohav Shalom Center for Early Learning (2018) Urban League Charter School (2015) Urban Pathways Charter School (2014, 2015, 2016, 2017, 2018, 2019) Waldorf School of Pittsburgh (2014, 2015) Winchester Thurston Lower School (2014) Young Scholars of McKeesport Charter School (2018) Young Scholars of Western PA Charter School (2017, 2019)

# Summary of Champion Schools Programs of 2019

#### Angels' Place – North Side

Child Care Center Early Childhood Number of Children: 26 Award Grant | Healthy Moves and Healthy Foods

Angels' Place North Side will use their Champion Schools grant to implement a holistic wellness program; specifying science, nutrition, gardening, and yoga lessons. Parents are encouraged to contribute through their Play Connections group.

# Angels' Place – Swissvale 🖋 🛓 🐔 🏟

Child Care Center Early Childhood Number of Children: 19 Award Grant | Healthy Moves and Healthy Foods

Angels' Place North Side will use their Champion Schools grant to implement a holistic wellness program; specifying science, nutrition, gardening, and yoga lessons. Parents are encouraged to contribute through their Play Connections group.

#### Barrett Elementary



Steel Valley School District Fourth Grade Number of Children: 60 Seed Grant | Exercise In/Junk Out!

Barrett Elementary will use their Champion Schools grant to give students access to information about healthy eating and exercise. Students will be learning about healthy food options and the ways that junk food affects the body. Family members are encouraged to submit nutritious recipes to make a healthy food cookbook!

#### **Center Elementary School**

Plum Borough School District Third through Fourth Grade Number of Children: 500 Seed Grant | Be Water Wise

Center Elementary will use their Champion Schools grant to fund an in-school water bottle filling station designed to teach students about the importance of drinking water. Their lessons will give students the opportunity to connect healthy effects of drinking water and reducing consumption of sugary beverages.

#### **Cleveland Steward Elementary School**

Gateway School District Kindergarten through Fourth Grade Number of Children: 320 Seed Grant | Drab to Fab

Cleveland Steward Elementary School will use their Champion Schools arant to acquire recess equipment to help exercise students bodies and minds. The school is seeking to aet Imagination Playaround blocks for the children to use during recess to promote physical activity, creativity, and cooperation with peers.

#### Curtisville Primary



Deer Lakes School District Kindergarten through Second Grade Number of Children: 441 Award Grant | Walking/Jogging Club and Expansion of our Kinesthetic Lab

Curtisville Primary Center will use their Champion Schools grant to expand the Student Lap Tracker software, which will track the physical activity of faculty, staff, and students. The students will also be participating in walking/jogging sessions that will build connections between the students and staff/faulty.

#### Cynthia K. Franck's Child Care, Inc 🛛 🖹

Forest Hills Location Early Childhood and After-School Programs Number of Children: 55 Seed Grant | 5 Minutes to Move It!

Cynthia K. Franck's Child Care, Inc. will use their Champion Schools grant to purchase various exercise equipment for their "5 Minutes to Move It!" program. The program will increase the amount of time dedicated to physical activity. Students will be doing a variety of yoga poses and aerobic exercises to keep them moving.

#### Cynthia K. Franck's Child Care, Inc 🛛 🕱



Penn Hills Location One through Twelve Years of Age Number of Children: 40 Seed Grant | Get in the Groove!

Cynthia K. Franck's Child Care, Inc. will use their Champion Schools grant to purchase various exercise equipment to make physical activity fun for all students. The students will be working on cooperative play, teamwork, coordination, following directions, and agility!

# Edgewood Primary School 🕱 💉



Woodland Hills School District



Kindergarten through Third Grade Number of Children: 360 Award Grant | Nutrition at Edgewood

Edgewood Primary School will use their Champion Schools grant to nutrition component into physical education classes. Students will understand how to make healthier choices in their diet, and why processed foods may not be the best choice. Students will be discovering the information through physical activities.

# Elizabeth Seton Center 🕱

Preschool 3-5 Number of Children: 85 Seed Grant | Seton Steps it Up!

Elizabeth Seton Center will use their Champion Schools grant to increase the amount of exercise that their children get each day by offering a variety of new equipment. This provides their children with more opportunities for gross motor play, which is necessary for preschoolers.

### Elroy Elementary School



Brentwood Borough School District Kindergarten through Fifth Grade Number of Children: 331 Seed Grant | Active Gaming

Elroy Elementary School will use their Champion Schools grant to incorporate technology with physical activity. The students will use technology for kinesthetic-based activities.

#### Evergreen Elementary School 🛛 🐒

Gateway School District Kindergarten through Fourth Grade Number of Children: 250 Award Grant | Jump with Jill, Make Nutrition Rock at Your School

Evergreen Elementary School will use their Champion Schools grant to help students become aware of healthy food options and fun ways to incorporate exercise during the day. The students will learn how to respect their bodies through healthy choices.

#### Fred L. Aiken Elementary 🛛 🗶

Keystone Oaks School District Kindergarten through Fifth Grade Number of Children: 200 Award Grant | Aiken Learning Garden Fred L. Aiken Elementary will use their Champion Schools grant to improve their school gardening program, which provides opportunities for students and families to harvest, photograph, journal & learn about, and enjoy seasonal produce.

#### Growing Patch Learning Center School

3<sup>rd</sup> through 6<sup>th</sup> grade Number of Children: 50 Seed Grant | Growing Patch

Growing Patch Learning Center School will use their Champion Schools grant to provide basketball hoops and balls to their students to encourage physical activity outdoors. They will also be planting a garden to have their students grow, care for, and share healthy food.

### Heritage for Kids Early Learning Center 💃

Early Childhood 6 mo. to 5 years Number of Children: 141 Seed Grant | Heritage for Kids Horticulturists

Heritage 4 Kids will use their Champion Schools grant to build and plant an edible garden, which will be used for education and culinary experiences. Science lessons will feature the garden, and children and their families will play a part in care of the garden through daily interaction and engagement activities.

#### Kentucky Avenue School

First through Eighth Grade Number of Children: 82 Seed Grant | Rise Up Roots



Kentucky Avenue School will use their Champion Schools grant to implement a food and social justice program for students. While learning about food access in communities, the children will have the opportunity to maintain a garden space and a Little Food Panty.

#### Manchester Academic Charter School

Pittsburgh Public Schools K through 5<sup>th</sup> grade Number of Children: 264 Awards Grant | MACS Elementary Grows Manchester Academic Charter School will use their Champion Schools grant to engage students in tending, interacting with, and harvesting their gardens. This gives them a deeper understanding of plant life cycles, nutrition, and healthy vegetables.

### Park Elementary School

Steel Valley School District 3<sup>rd</sup> – 5<sup>th</sup> Grades Number of Children: 50 Seed Grant | Cooking in the Garden

Park Elementary School will use their Champion Schools grant to launch a gardening and cooking program, which will teach their students to tend and harvest a garden. It will also teach them to cook healthy food using produce from their garden that they may not otherwise have access to eating.

### Penn Hills Charter School of Entrepreneurship 💃

Pittsburgh Public Schools Kindergarten through 6<sup>th</sup> Grade Number of Children: 300 Seed Grant | Grow S.M.A.R.T. Garden of Entrepreneurship

Penn Hills Charter School of Entrepreneurship will use their Champion Schools grant to implement a school garden, in which students will participate in planning, planting, maintaining, harvesting, dividing shares, and eating their fresh fruits and vegetables. The garden will also be used for lessons.

## Pittsburgh Allegheny K-5 🕱 🔎



Pittsburgh Public Schools Kindergarten through Fifth Grade Number of Children: 570-600 Seed Grant | Jumping with Jill

Pittsburgh Allegheny K-5 will use their Champion Schools grant to fund the Jumping with Jill program. The students will learn about making healthy choices. The program shows that exercising can happen in a fun way!

#### Pittsburgh Arsenal K-5



Pittsburgh Public Schools Kindergarten through Fifth Grade Number of Children: 255 Seed Grant | Kinesthetic Awareness

Pittsburgh Arsenal K-5 will use their Champion Schools grant purchase various exercise equipment for the students to use. The program is help students become life-long, kinesthetic learners.

# Pittsburgh Banksville K-5 🦹 🧳



Pittsburgh Public Schools Kindergarten through Fifth Grade Number of Children: 330 Seed Grant | Fitness Fridays

Pittsburgh Banksville K-5 will use their Champion Schools grant to "Fitness Fridays." This program will teach students how to grow and cook nutritious food, and how to live a more active lifestyle.

### Pittsburgh Dilworth Elementary 🐇 🤺



Pittsburgh Dilworth Elementary will use their Champion Schools grant expand the existing garden and purchase new recess equipment. Students will be getting more physical activity through the day and learning about healthy eating.

#### Pittsburgh Greenfield

Pittsburgh Public Schools Kindergarten through Eighth Grade Number of Children: 390 Seed Grant | Common Threads

Pittsburgh Greenfield will use their Champion Schools grant to used resources from Common Threads for parent workshops and teacher cooking classes. The workshops and cooking classes educate teachers and parents about healthy eating habits and nutritious cooking.

## Pittsburgh Manchester PreK-8 💉 💃 🐔 📢



Pittsburgh Public Schools Kindergarten through Eighth Grade Number of Children: 215 Seed Grant | Growing Up Manchester

Pittsburgh Manchester will use their Champion Schools grant to build and plant an education garden, which will give students experience with gardening and trying new fruits and vegetables. Students will be more likely to eat healthy food that they grew.

Pittsburgh Phillips K-5 📡 Pittsburgh Public Schools

Kindergarten through Fifth Grade Number of Children: 300 Award Grant | Tower to Table

Pittsburgh Phillips K-5 will use their Champion Schools grant in planting and maintaining tower gardens. The fresh fruits and vegetables grown in the gardens will be featured as culinary initiatives for students and used to expand lessons.

# Pittsburgh Carmalt PreK-8 💉 🕱



Pittsburgh Public Schools Kindergarten through Fifth Grade Number of Children: 215 Seed Grant | Jumping with Jill

Pittsburgh Carmalt PreK-5 will use their Champion Schools grant to fund the Jumping with Jill program. The students will learn about making healthy choices, and shown that exercising could happen in a fun and unique way.

## Pittsburgh Westwood K-5 🕱

Pittsburah Public Schools Kindergarten through Fifth Grade Number of Children: 300 Award Grant | The E.S.T.E.E.M. Group

Pittsburgh Westwood K-5 will use their Champion Schools grant fund classes through The E.S.T.E.E.M. Group. The students will be working with their peers to become better teammates, strengthen social skills, and build the school community.

#### Pittsburgh Whittier Elementary K-5 🛣

Pittsburgh Public Schools Kindergarten through Fifth Grade Number of Children: 215 Seed Grant | Ballroom Dancing

Pittsburgh Whittier Elementary will use their Champion Schools grant to launch a ballroom dancing program that will be instructed by The E.S.T.E.E.M. Group. The students will develop social and emotional skills and participate in physical activity in a unique and fun way!

PLEA 🛣

Pittsburgh Five through Twenty-One Years of Age Number of Children: 36 Award Grant | Wellness Group

PLEA will use their Champion Schools grant to fund daytime physical activity instruction for students. The grant will also be used to buy fitness equipment, which can be used for both indoor and outdoor activities.

# Providence Connections 🕱

Pittsburgh Pre-Kindergarten through Fifth Grade Number of Children: 40 Award Grant | Providence Connections Outdoor Explorers

Providence Connections will use their Champion Schools grant to start a program to get children exercising in natural environments. Students will participate in weekly, gross-motor, outdoor activities that will educate the students on the importance of exercise.

# Tender Care Learning Center, Whitehall 🛚 💲 🐓

Early Childhood Two through Ten Years of Age Number of Children: 100 Seed Grant | Ready, Set, Grow!

Tender Care Learning Center will use their Champion Schools grant to purchase various gardening supplies and tools for the creation of a school garden. The students will understand how to grow and maintain a garden, while learning about the related environmental topics, such as preservations of natural resources. A cook book will be design to base recipes off of the fruits and vegetables grown in the garden.

#### The Glen Montessori School 🛛 💆



Private School Pre-Kindergarten through Sixth Grade Number of Children: 180 Award Grant | The Glen Gardens

The Glen Montessori School will use their Champion Schools grant to expand their garden and composting system, which enhances the beauty of their courtyard. This program teaches students about garden care, healthy eating, plant biology, local climatology, and zero-waste composting

#### Turner Intermediate School 🏻 🦻

Wilkinsburg School District First through Second Grade Number of Children: 200 Seed Grant | Growing Together

Turner Intermediate School will use their Champion Schools grant to develop a program where students plant fruits and vegetables for a service project and their community

garden. They will use their harvests to learn measuring, weighing, and comparing, and to cook and eat with their families.

#### Urban Pathways K-5 College Charter School 🐝

Charter School Kindergarten through Fifth Grade Number of Children: 137 Award Grant | Going Green Growing Classrooms

Urban Pathways K-5 College Charter School will use their Champion Schools grant to maintain a classroom garden. Students will learn how to grow and harvest flowers and edible plants. Students will learn the importance of community service by donating flowers to areas in need and nutrition basics by making healthy smoothies from their harvested produce.

### Weil Elementary School 🤺



Pre-Kindergarten Number of Children: 60 Seed Grant | Sensory Paths to Peacefulness

Weil Elementary School will use their Champion Schools grant to design and implement a sensory path which will allow students to practice mindfulness through purposeful movement. This offers students support and an outlet for stress, anxiety, emotional tensions and extra energy.

#### West Liberty Elementary School 📢 🤺



Pittsburgh Public Schools Third through Fifth Grade Number of Children: 140 Seed Grant | Stationary Bike Cool Down

West Liberty Elementary School will use their Champion Schools grant to purchase stationary fitness bikes to be used for mindfulness. The equipment purchased will help students to channel energy in the form of physical activity.

## Wilkins Elementary School ᅟ 🕱



West Mifflin Area School District Pre-Kindergarten through Sixth Grade Number of Children: 500 Seed Grant | Wilkins Wellness

Wilkins Elementary School will use their Champion Schools grant to fund the Jumping with Jill program. The students will learn about making healthy choices for their bodies, and shown that exercising could happen in a fun way throughout the day.

### Wyland Elementary School



West Mifflin Area School District First through Fifth Grade Number of Children: 345 Award Grant | Wyland's Tower Garden –How to Grow Food

Wyland Elementary School will use their Champion Schools grant to purchase a Tower Garden, LED Light Kit, seeds, and water retaining mat to be used in student's science education classes. The equipment purchased will help students to enhance their knowledge healthy foods and plant biology.

#### Young Scholars of Western PA Charter School



Charter School Kindergarten through Eighth Grade Number of Children: 327 Award Grant | Farming Friends / The Gardens @ YSMCS

Young Scholars of Western PA Charter School will use their Champion Schools grant to maintain a multi-dimensional garden space. Educators will teach students how to build, cultivate, and sustain the space using 95% recycled materials. Students will stimulate their senses in the bee & butterfly garden, medicinal herb garden, native plant garden, and edible garden beds!



### **Champion Schools Meet Ups**

As part of the Champion Schools program, sites are invited to both host and participate in Meet Ups. During these Meet Ups, attendees have the opportunity to tour the school, learn about the school's Champion Schools project, share resources, ask questions and build relationships. Let's Move Pittsburgh would like to extend a special thank you to the Champion Schools that hosted Meet Ups in 2019! If you're interested in hosting a Meet Up at your site, please reach out to us at <a href="mailto:letsmove@phipps.conservatory.org">letsmove@phipps.conservatory.org</a>.

# **About Let's Move Pittsburgh**

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