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**Local Pittsburgh Sixth-Grader Wins Nationwide Recipe Challenge**  
**Local Pittsburgher Sydney Tyner Wins Nationwide Healthy Lunchtime Challenge**  
*Daughter of Café Phipps chef follows in her mother's footsteps*

**Pittsburgh, Pa.** — The winners of the nationwide [Healthy Lunchtime Challenge](#) were recently announced and local up and coming young cook Sydney Tyner was among the 55 children across the country whose recipe was chosen to be served at a Kids State Dinner at the White House.

Cooking is a passion that Sydney acquired naturally. Her mother Amy Tyner is a chef at [Café Phipps](#), and says Sydney has been in the kitchen with her and covered in flour since she was 18 months old. Young Sydney even earned herself the nickname Sous Chef.

As a key supporter of Phipps' dedication to healthy eating, mom Amy is involved with [Let's Move Pittsburgh](#), a program affiliated with Phipps that is modeled after First Lady Michelle Obama's national Let's Move! campaign. Amy found out about the Healthy Lunchtime Challenge through the Let's Move Pittsburgh Program, and passed along the information to Sydney.

When brainstorming recipes, Sydney decided she wanted to make something she liked into something healthy. She chose tacos, a family favorite, and came up with the winning recipe for a Chicken Taco Tower.

The Healthy Lunchtime Challenge is in its fourth year of getting 8 to 12 year olds across the country excited about cooking and eating healthy, affordable and delicious food. Sydney is 11 years old and just finished the fifth grade at McIntyre Elementary School. She will join the other 54 winners and their parents or guardians at the White House for a Kids' State Dinner on July 10.

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**About Phipps:** Founded in 1893, Phipps Conservatory and Botanical Gardens in Pittsburgh, Pa. is a green leader among public gardens with a mission to inspire and educate all with the beauty and importance of plants; to advance sustainability and promote human and environmental well-being through action and research; and to celebrate its historic glasshouse. Learn more: [phipps.conservatory.org](http://phipps.conservatory.org).

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