

Ideas for Healthy Fundraising

5 or more
fruits &
vegetables
every day

Research clearly demonstrates that good nutrition is linked to better behavior and academic performance. Finding alternatives to unhealthy fundraisers, such as bake sales, will promote a healthier school environment. Select and use your favorite healthy fundraising ideas from the list below!

Healthy kids learn better!

- Activity theme bags
- Hats
- Stationary
- Holiday ornaments
- Stuffed animals
- Balloons
- Holiday wreaths
- Bath bouquets
- House decorations
- T-shirts, sweatshirts
- Batteries
- Jewelry
- Tupperware
- Books, calendars
- Lunch box auctions
- Valentine flowers
- Brick, stone, tile memorials
- Magazine subscriptions
- Yearbook covers
- Bumper stickers and decals
- Buttons, pins
- Monograms
- Candles
- Music, videos, CDs
- Healthy foods
- Christmas trees
- Newspaper space, ads
- Frozen bananas
- Coffee cups, mugs
- Preferred parking spot
- Fruit and nut baskets
- Cookbooks
- Pet treats, toys, accessories
- Fruit and yogurt parfaits
- Crafts
- Plants
- Fruit smoothies
- Coupon books
- Pocket calendars
- Lunch box auctions
- Customized stickers
- Pre-paid phone cards
- Trail mix
- Emergency kits for cars
- Raffle donations
- First aid kits
- Front row seats at a special school event
- Flowers and bulbs
- Bumper stickers, decals
- Foot warmers
- Calendars
- Football seats
- Scarves
- School-made cookbooks
- School art drawings
- Giant coloring books
- School Frisbees
- Gift baskets
- School spirit gear
- Gift certificates
- Gift items
- Items supporting academics
- Gift wraps, boxes and bags
- Souvenir cups
- Read-a-thon
- Graduation tickets
- Spirit, seasonal flags
- Science fair
- Greeting cards
- Stadium pillows
- Spelling bee

Let's Move
Pittsburgh

Download more 5-2-1-0 resources at letsmovepittsburgh.org/5210. To start a 5-2-1-0 campaign at your home or organization, please contact letsmove@phipps.conservatory.org.



Let's Move Pittsburgh is affiliated with Phipps Conservatory and Botanical Gardens. This program is adapted from Let's Go! www.lets-go.org.