



Indoor Seed Starting Calendar (Spring)

THE APPROPRIATE DATES to start seeds are determined by the last frost date, which varies geographically. Pittsburgh is in Zone 6 of the USDA's Plant Hardiness Map, which means the average last frost date in spring is May 15, and first frost date in fall is around Oct. 15. The dates listed below are for earliest harvests, but many of the crops below can also be planted or re-planted later in the season.



VEGETABLE	WEEKS TO START SEEDS BEFORE SET-OUT DATE	WHEN TO START INSIDE	WHEN TO PLANT OUTSIDE
Alyssum	6	April 3	May 15
Bachelor's Button	4	April 17	May 15
Basil	3	April 24	May 15
Broccoli	4	April 3	May 1
Cabbage	4	March 18	April 15
Calendula	4	April 17	May 15
Chamomile	4	April 17	May 15
Chard	5	March 27	May 1
Chives	4	March 18	April 15
Collards	4	March 18	April 15
Eggplant	6	April 20	June 1
Kale	4	March 18	April 15
Marigold	3	April 24	May 15
Nasturtium	3	April 24	May 15
Okra	4	April 17	May 15
Onion	10	February 5	April 15
Oregano	8	March 6	May 1
Parsley	6	March 4	April 15
Peppers*	8	March 20	May 15
Scallions/Bunching Onions	4	March 18	April 15
Tomatoes*	5	April 10	May 15
Zinnia	4	April 17	May 15

*Includes time to up-pot



Indoor Seed Starting Calendar (Fall)

THE APPROPRIATE DATES to start seeds are determined by the first frost date and the last day of 10 hours of sunlight, which varies geographically. Pittsburgh is in Zone 6 of the USDA's Plant Hardiness Map, which means the average first frost date in fall is around Oct. 15. The dates listed below will yield fall, winter and early spring harvests. Seedlings can be started a week or two earlier than the date listed below but not later.



VEGETABLE	WEEKS TO START SEEDS BEFORE SET-OUT DATE	WHEN TO START INSIDE	WHEN TO PLANT OUTSIDE
Bok Choy	4	Aug. 4	Sept. 1
Broccoli	4	July 18	Aug. 15
Cabbage	4	July 4	Aug. 1
Chard	5	July 28	Sept. 1
Collards	4	July 18	Aug. 15
Kale	4	July 18	Aug. 15
Parsley	6	Aug. 4	Sept. 15
Scallions/Bunching Onions	4	July 18	Aug. 15

**Includes time to up-pot*