



# Let's Move Pittsburgh After School Program: Week Two

<b>Movement Mondays</b>	<a href="#"><u>ABC Backyard Scavenger Hunt</u></a>
<b>Cooking Tuesdays</b>	<a href="#"><u>Hydrating Smoothie Bowls</u></a>
<b>Earthy Wednesdays</b>	<a href="#"><u>Nature Journaling</u></a>
<b>Nourished Thursdays</b>	<a href="#"><u>How to Create Characters</u></a>
<b>Flexible Fridays</b>	<a href="#"><u>Forest Animal Yoga</u></a>



Download this calendar as an interactive PDF at [phipps.conservatory.org/LMPVirtualPrograms](https://phipps.conservatory.org/LMPVirtualPrograms)