A selection of reference images and photos, your own or from elsewhere, depicting natural subjects such as flowers, seeds, fruit, vegetables, insects, or small items such as pearls or gems, to be included in the design. What you include will be entirely up to you. You can also work from life if you have specimens available.

Gold gouache or watercolor. I suggest Dr. P.H. Martin’s Iridescent calligraphy ink in “Copperplate Gold” (available at Michael’s and other art suppliers), and also Coliro/Finetec “Arabic Gold” pan watercolor (available at John Neal Books and other suppliers). Winsor & Newton also makes a wonderful gold gouache, but you may still want the copperplate gold ink. I will demonstrate why in the class.

Heavy paper to work on, such as hot-press watercolor paper, bristol, or illustration board.

Tracing paper for transferring images. A light board or light box is also helpful, and I can show students how to use their computer tablets to trace images as well. LED light boards can be found online for about $20.

A variety of watercolors and gouaches in tubes or pans. There is no required palette of colors for this other than the gold paint, just have some shades on hand that you would like for painting flowers, plants, and insects.

Round watercolor brushes in a variety of medium to smaller sizes, including some fine brushes for detail (size 0 or 00, but with a fine point). These will be small-size projects, so you don’t have to have large paper or brushes for this class.

Pencils and basic drawing supplies, and I suggest a kneaded eraser especially.

An optional choice for paint would be watercolor pencils if you have them, though you will not necessarily need them. They just offer another possible medium for your work.