

Name: \_\_\_\_\_ Date: \_\_\_\_\_



# Physical Activity Word Search

U Y X B C X C V Z Q O B V I W U A M E U  
W W H K K U B C H B M V F O O T B A L L  
N M F W S T D Z R H E A R T B E A T G Q  
X S X E N I C H I K I N G G M J N K E B  
C P H Q J K E G M O S V W J M H Y A F A  
J Y Y C J L U C I Y O W P L V W H Y H S  
Q J U M P I N G J A C K S P O I M A I K  
L U I R Q U T E Y Q C K Z W L R W K M E  
R E V M L K L T K F E Q Q O P T Y I R T  
G Y M N A S T I C S R S W I M M I N G B  
M A R T I A L A R T S T R O N G C G U A  
M U S C L E S Z Y F M Y C S I O A O U L  
J U M P R O P E J G A U I D J Q D B O L  
X K D Z U B I C Y C L I N G P L A Y O I  
M I D A N C E B A S E B A L L M O E N F  
J O G H E A L T H Y T N S N X Y Y R P H

- |        |            |              |               |           |
|--------|------------|--------------|---------------|-----------|
| Run    | Football   | Bicycling    | Baseball      | Muscles   |
| Hiking | Soccer     | Swimming     | Jumping Jacks | Kayaking  |
| Jog    | Dance      | Martial Arts | Heartbeat     | Healthy   |
| Play   | Gymnastics | Basketball   | Strong        | Jump Rope |



UPMC HEALTH PLAN



Let's Move Pittsburgh is a program of Phipps Conservatory and Botanical Gardens. This program is adapted from Let's Go! [www.lets-go.org](http://www.lets-go.org).

