



For Immediate Release: June 4, 2015

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Let's Move Pittsburgh Announces Champion Schools Award Winners

Phipps grant program provides funding and recognition for efforts to improve student health.

Pittsburgh, Pa. — <u>Let's Move Pittsburgh</u>, a program of <u>Phipps Conservatory and Botanical Gardens</u>, has announced its 2015 Champion Schools Awards recipients, providing 17 Allegheny County schools with a total of \$17,000 in grants to support new and existing health and wellness projects that will affect more than 3,000 local children. These awards were generously funded by the Heinz Endowments.

Champion Schools Award applicants were judged according to need, sustainability and impact for programs related to the following themes: Bag the Junk — Increasing Healthy Food and Nutritional Education in Schools, Getting Kids Moving, and Teaching Kids to Grow and Cook Food. Individual grants in the amount of \$1,000 will back efforts ranging from the creation of edible gardens to family fitness nights.

"We couldn't be more proud of our champion schools and are really excited to help them lead the way as innovators of healthy lifestyle programs for children," says Mary Kathryn Poole, Let's Move Pittsburgh director of programming and operations. "Together, we can make a tremendous difference."

The seed grant recipients are: Barrett Elementary, Hiland Child Care Center, Pittsburgh Montessori PreK-5, Pittsburgh Woolslair PreK-5 and Shady Lane School. Those receiving funds for existing programs are: Aiken Elementary, Environmental Charter School, Falk Laboratory School, Greenock Elementary, Kentucky Avenue, Memorial School, Pittsburgh Dilworth Traditional Academy, Pittsburgh Langley K-8, PLEA, Urban League of Greater Pittsburgh Charter School, Urban Pathways, and the Waldorf School of Pittsburgh.

Learn more about Let's Move Pittsburgh and Champion Schools at letsmovepittsburgh.org.

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About Let's Move Pittsburgh: Let's Move Pittsburgh, an initiative of Phipps Conservatory and Botanical Gardens supported in part by UPMC Health Plan, is a collaborative effort of organizations, healthcare providers, educators, parents and caregivers in southwestern Pennsylvania committed to leading children in the region toward a healthier future. The program is inspired by First Lady Michelle Obama's *Let's Move!* campaign to curb childhood obesity through raised awareness about the benefits of healthy foods, decreased screen time and increased physical activity for children.

About Phipps: Founded in 1893, Phipps Conservatory and Botanical Gardens in Pittsburgh, Pa. is a green leader among public gardens with a mission to inspire and educate all with the beauty and importance of plants; to advance sustainability and promote human and environmental well-being through action and research; and to celebrate its historic glasshouse. Learn more: <u>phipps.conservatory.org</u>.