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Contact: Connie George | Director of Marketing and Communications
412/638-6008 | cgeorge@phipps.conservatory.org

Summer Starts in April at Phipps Conservatory

UPMC Health Plan's Celebrate Summer 2016 Event Offers a Day of Healthy, Family Fun

Pittsburgh, Pa. — Kick off the Summer Flower Show at [Phipps Conservatory and Botanical Gardens](#) with [UPMC Health Plan's](#) Celebrate Summer 2016 event. Delight in a day of healthy and interactive fun for the whole family on Sat., April 30, from 10 a.m. – 5 p.m.

Experience the grand opening of the interactive Summer Flower Show: PlayGardens, and stroll through the enchanting Butterfly Forest. UPMC-sponsored events will promote healthy lifestyles and Phipps' Let's Move Pittsburgh Program.

- Make upcycled origami crafts, play giant Connect Four and checkers games and watch a cooking demo from Café Phipps.
- From 1 – 2 p.m., meet Charlie Batch, former Pittsburgh Steelers quarterback and an advocate for healthy lifestyles.
- Visit UPMC's Health Coach Table, where families can learn how to make tasty, refreshing drinks to help keep hydrated during the summer.
- Take a fun selfie at the 5-2-1-0 Funky Photo Booth and find out how the numbers 5-2-1-0 can keep you on the path to good health.

Phipps' tip: When completing the activities, guests should tweet one picture from each of the eight activity stations to Twitter or Instagram using the hashtag #phippssummer to be entered into a drawing for a free Phipps Family Membership! Guests can send in one entry per station for a total maximum of eight entries. Photos must be posted during event hours.

All activities are free with admission. Admission is \$15 for adults, \$14 for seniors and students, and \$11 for children (2 – 18). Members and kids under 2 enter free. UPMC Health Plan members with a valid UPMC Health Plan insurance cardholder ID get 50% off admission on up to four tickets. More details can be found at phipps.conservatory.org.

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About Phipps: Founded in 1893, Phipps Conservatory and Botanical Gardens in Pittsburgh, Pa. is a green leader among public gardens with a mission to inspire and educate all with the beauty and importance of plants; to advance sustainability and promote human and environmental well-being through action and research; and to celebrate its historic glasshouse. Learn more: phipps.conservatory.org.

About Let's Move Pittsburgh: Let's Move Pittsburgh, an initiative of Phipps Conservatory and Botanical Gardens supported in part by UPMC Health Plan, is a collaborative effort of organizations, healthcare providers, educators, parents and caregivers in southwestern Pennsylvania committed to leading children in the region toward a healthier future. The program is inspired by First Lady Michelle Obama's *Let's Move!* campaign to curb childhood obesity through raised awareness about the benefits of healthy foods, decreased screen time and increased physical activity for children.

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