



Make Your Own Phipps Splash

Ingredients

10-ounce cup
2 ounces fruit puree or
freshly squeezed juice
6 ounces sodium-free
seltzer or carbonated water
Ice

Directions

In a 10-ounce cup, pour juice and seltzer or carbonated water over ice. Stir. Juice options you may enjoy include cantaloupe, honeydew, grapefruit, orange and pineapple-orange.



Let's Move
Pittsburgh