

HOMEGROWN HERO: TAYLER CLEMM



Taylor Clemm was ecstatic when she got the news that she would receive her Homegrown garden bed installation in 2019. She already had two years of basic gardening experience, had taken a 110-hour intro to herbalism course and completed a seasonal urban farm apprenticeship. "Growing food feels very natural to me. It's very rewarding to go in my backyard for food to prepare a nourishing meal," Taylor said. "I strive for self-sufficiency and, in general, just love to be under the sun."

Outside of gardening, Taylor spends time with her family doing absolutely anything outdoors, reading, dancing, eating good food, laughing really hard and just being free.

Taylor is currently working on a food revolution video series where she says she "interviews black folks who have a garden at home. The goal is to capture our stories and garden spaces and to share it with the greater community in the hope that they will inspire more people to begin their food revolution." If anyone is interested in participating, Taylor can be reached by email at dawaisjoy@gmail.com or by phone at 412-808-5199.



PHIPPS

Phipps Conservatory and Botanical Gardens
One Schenley Park, Pittsburgh, PA 15213-3830

The Homegrown Herald

The Official Newsletter of Homegrown, Phipps' Edible Garden Program

Hello gardeners!

This spring is unlike any other, with our self-quarantines and disrupted plans, even as the magnolia and dogwood trees flower right on schedule as if nothing were different. The good news is we can continue to garden in our backyards! It's a great month to plant salad greens. See the planting note in this newsletter: Grocery stores like East End Food Co-op and Giant Eagle sell seeds and offer delivery if you need to buy any. (We still tentatively plan to deliver seeds and seedlings in May to those who received their garden in 2019.)

To contact us while our office is closed, you can email aglick@phipps.conservatory.org, or text

our Homegrown cell number, **412-385-7282** during weekdays. Please feel free to reach out! We are excited to offer online garden lessons during April; see the Upcoming Events section. We also encourage you to visit phipps.conservatory.org/homegrown to see all the garden information we have online.



FOR YOUR HEALTH: DARK, LEAFY GREENS

Dark green leafy vegetables are a great source of nutrition. Salad greens, kale and spinach are rich in Vitamins A, C, E and K, and broccoli, bok choy and mustard greens are also rich in many of the B vitamins. These vegetables also contain an abundance of carotenoids, which are antioxidants that protect cells and play a role in blocking the early stages of cancer. They also contain high levels of fiber, iron, magnesium, potassium and calcium. Furthermore, greens have very little carbohydrates, sodium and cholesterol.

UPCOMING EVENTS

Cancelled

April 9 class

Pending governor orders

May 14 class

May 14 and 28 seedling sales

Free Live Online Classes

Tuesdays | 4:30 – 6 p.m.

April 14: Indoor Seed Starting

April 21: Building Raised Beds, Trellis and Critter Fences

April 28: Organic Vegetable Garden Basics

May 5: Perennial Fruits

If you are interested in participating in an online class, please contact Allison at aglick@phipps.conservatory.org or text 412-385-7282. You will need a smartphone, tablet or laptop to participate.

GARDEN TIPS: PLANTING COOL SEASON CROPS

Cool season crops can tolerate colder temperatures, including a light frost, and can be planted well ahead of the May 15 frost-free date in Pittsburgh. Below are some popular cool season crops that you can try in your garden. Plus, while you're at home, try the following activities. Weed your Homegrown beds and other areas of your yard before they get out of control. Make sure to get the weed's root, too, not just the leaf. Plan your summer garden. What changes do you want to make from last year? Spread finished compost on your beds, either from your own bin, from the Garden Resource Center on Saturdays with membership (\$10 off with Homegrown punch card), or from a garden center. End of April: Sow cilantro, dill, carrots, and beets.

VEGETABLE	SEEDS OR TRANSPLANTS?	SPRING PLANTING DATES
Collards	Either	Mid-March – Late April
Kale	Either	Mid-March – Late April
Mustard Greens	Either	Mid-March – Late April
Onions	Either	Mid-March – Late April
Radishes	Seeds	Late March – Mid-May
Spinach	Seeds	Late March – Late April
Swiss Chard	Either	Early April – Mid-June

FOOD ACCESS

Food Banks

Auburn Towers Food Pantry
6290 Auburn St., Larimer
412-655-0222

Mt. Ararat Community Center
271 Paulson Ave., Larimer
412-441-1883

J.C. Hairston Food Bank
6th Mt. Zion Baptist Church
6556 Shetland St., Larimer
412-441-8369

Corpus Christi Food Pantry
1550 Lincoln Ave., Lincoln-Lemington-
Belmar
412-731-3020

Bethany Community Ministries
7745 Tioga St., Homewood
Lunch pick-up at Cora St. entrance,
Fridays | noon – 2 p.m.

Salvation Army Homewood
8020 Frankstown Ave., Homewood
412-234-1434

Grab-and-Go for Kids

Mondays, Tuesdays and Fridays
11 a.m. – 1 p.m.

Faison K – 5
7430 Tioga St., Homewood

Paulson Recreation Center
1201 Paulson Ave., Lincoln-Lemington-
Belmar

Grab-and-Go for Kids (continued)

Salvation Army Homewood
8020 Frankstown Ave., Homewood

East Hills Community Center
2291 Wilner Dr., East Hills